

Welcome to

eNkanyini

2026



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eNkanyini Newcomers Group

NK Newbies '26 ❤️

WhatsApp group



[NK Newbies Group](#)

Instagram & TikTok



Instagram
@enkanyini_residence



TikTok
@enkanyini_residence

Foreword

Congratulations on your placement at eNkanyini Residence! We are truly excited to welcome you into our growing NK family. As you prepare to embark on this new chapter, we would like to offer you some tips, guidance, and comforting words to support you along the way.

This booklet serves as your personal toolbox, ensuring you are prepared and equipped with all the essential tools to navigate and thrive on Tygerberg Campus, within your new home, eNkanyini and throughout the Welcoming Period. Within this booklet you will find everything you need to approach this transition with confidence.

Our House Committee Members and Mentors are here for you! We are already preparing for your arrival, and our goal is to make your transition into this new stage of your life as smooth and comfortable as possible.

Future eNkanyini member — get excited! eNkanyini is ready for you. See you soon!

If you ever have any other questions, please feel free to contact us.

Sincerely Your Welcoming House Committee Members,
Millah Smith & Nina van Wyk x

Our Identity

The history of the name: eNkanyini

“**Nkanyi**” is the Xitsonga word for Marula. “eNkanyini” is therefore translated to “by the Marula tree.”

We have all seen the scenic bushveld, the sunset, an elephant herd, and of course – the Marula tree – on our screens before, whether it is an advertisement or even a wildlife film. It is an iconic scene.

A large-medium sized tree usually around 10 m tall, the Marula tree is undoubtedly symbolic in Southern Africa. Traditionally, it has been a favoured meeting place for many village communities. Often seen as a central or reference point for community and relationship building, the Marula tree is “never to be cut down”.

Like the symbolic Marula tree, eNkanyini is a place where we can stand together as one. NK represents a ground common to all of us, where we not only live together, but exist guided by our core values: **integrity**, **family**, **growth**, and **diversity**. Like the Southern African village communities, let us meet at our own Marula tree: our home, **eNkanyini**.



Our Identity

Our House Values

Integrity: the quality of being honest and having strong moral principles. Integrity guides us to uphold the values we have set for ourselves

Family: Utilising the residence environment as a platform for achieving lifelong relationships based on mutual understanding and respect

Growth: Creating a space that is safe and conducive to listening, learning, and developing

Diversity: The practice or quality of including or involving people from a range of different social and ethnic backgrounds and of different genders, sexual orientations, etc.

Our Crest

eNkanyini is still a relatively new residence and our eNkanyini Crest along with our House Values and House Song were voted in by the residents present in the House during 2020/2021.

The story of our crest is as follows:

Dove – Original founding values of Faith, Hope & Love

Marula branch & fruit – New eNkanyini symbol

Acorn – Affiliation & roots in Stellenbosch University

Book – Life-long learning

Table Mountain –
Beautiful geographic
location in Cape Town

Colubridae Snake –
Health Science

Holding hands –
Family and Unity



House Song

In the heart of Cape Town lies our campus
Where the sun emits its farewell dances
And in the heart of Tygerberg lies Enkanyini
Where the sound of train tracks reminds us of our journey

Ons spore rus onder die maroelaboom se blare
Ons storie ruis deur sy opregte are
Die simbool van ons samekoms, 'n boom in die grond
Ons wortels wat strek uit 'n Kerkenberg front

A place where we stand together as one
A family whose spirit cannot be undone
From far and wide we gather in truth
eNkanyini! Our home in the bloom of our youth

Wonk'umntu uzozazi iziqhamo zayo
Owu Enkanyini! Malidume igama lakho
Ikhaya lakhiwe apho uthando luxabisiweyo
Indawo apho sizoma kunye.
Sebakeng seo re ka emang mmoho / Mo re tla emang ha mmoho
Enkanyini, ndhawu leyi hi nga hlanganaka hiva swin'we

A place where we stand together as one
A family whose spirit cannot be undone
From far and wide we gather in truth
eNkanyini!
Our home in the bloom of our youth

eNkanyini - A poem

by Millah Smith

Welcome, welkom, wamkelekile

To the far end of "Parrowdise"
A place we (and soon you) call our little slice

Our cardboard walls tell a million tales
Which will also fill with your own details
Sometimes you can hear them whisper or scream
(Depending on how loud your pod mates' voices
will seem)

The sky is our daily blessing
Bidding us a good night and good morning
Sometimes offering darkness on your clinic walk
Other times leading to a full storage and causes
us to gawk

The biggest asset however it's not your single
room
It's not your step count that will inevitably bloom
It's not the green quad or serene feel
It's something even stronger than steel

It is your NK family that creeps into your heart
The people who have your back from the very
start
Who smile your smiles with you
Who wipe your tears for you
The best trope ever, believe you me
From strangers to friends to family

**ALLES VIR ONS HUIS
ENKANYINI!**



Letters

Residence Head : Yeki

Dear New Residents,

It is my absolute pleasure to welcome you to eNkanyini, your home away from home here at Stellenbosch University. My name is Tledima Desmond Moeketsi Mosomothane, but you can call me Yeki. I have had the privilege of working in student leadership and development for many years, supporting students in finding their voice, navigating university life, and becoming confident, engaged leaders. Since joining Stellenbosch University in 2015, I have dedicated myself to fostering inclusive, supportive communities where students can thrive academically, socially, and personally.

Originally from Kayamandi, Stellenbosch, I am deeply rooted in this community alongside my wife, Makgotso, and our three children Zion, Khomotso, and Khothatso. I bring to eNkanyini not only a student-centred approach but also a genuine commitment to creating a residence culture grounded in values, care, and growth.



Residence Head : Yeki

At eNkanyini, we believe in the power of community built on diversity, family, growth, and integrity. Here, your voice matters, your uniqueness is celebrated, and your development is a shared responsibility. A residence is not just a place to live; it is a space where you will form meaningful relationships, challenge yourself, and prepare for life beyond university. We encourage you to be fully present, engage openly, and nurture the conversations and connections around you.

As Residence Head, alongside our House Committee and fellow residents, I look forward to seeing you contribute to and flourish within our vibrant community. Together, we will build a culture of care, accountability, and transformation; a place where every resident feels valued, empowered, and inspired. Welcome to eNkanyini. Welcome to your journey of growth, connection, and opportunity.

**Warm regards,
Yeki Mosomothane**

House Committee



Primarius: Michael



Prim
Seniors

I don't know how to start this letter without it sounding kind of weird, so I am going to start with the easiest thing and introduce myself!

My name is Michael, and I am excited to learn your name and I am quite excited to get to know you. It seems like we are going to be living together next year in the place I call home, eNkanyini! (if you are reading this and you aren't a newcomer then "hey" to you as well). I am also excited for you to forget my name and for me to forget yours, because that is bound to happen when you meet so many new people and that is completely fine, just ask

again!! (I certainly won't hesitate to ask someone again) Also, I was told I must keep this letter 380 words, let us see how that plays out ;)

Introduction is out the way! Now I can act like I have known you my whole life!

Some thoughts I want to share with you:

I quite enjoy writing, and I am having fun with this letter, and I try my best to convey myself in the written word, but it isn't always easy, and I have come to know that. I really value in person connection and spending intentional time with people.

Essentially why I wrote these last two sentence was that I want you to know that a big thing with growing up and becoming an individual person with your own life is understanding oneself in as many aspects as you can. Knowing yourself makes it so much easier to know others.

Primarius: Michael

This coming year you are going to learn a lot about others and a lot about yourself, please be prepared for that, it's exciting and quite frankly a little daunting. I have learnt more about myself in the last two years than I have in my first 19 years of life and that realization blows my mind.

I hope these thoughts make some sense, otherwise "oh well". It makes sense to me and has changed my life, and I am just really excited to see how you grow! It's a privilege to get to write this letter to you, I have reached the word limit at this point, and that's probably not ideal, so I will conclude.

We can call this a teaser letter, a little taste of what is to come in your life, so please don't hesitate to feast and enjoy every moment and make use of your opportunities.

The last thing I want to say is please try not to be like the example below ;)

Person 1: Hey, how are you?

Person 2: I am good thanks and you?

Person 1: I am good thanks

"Person 1 and 2 go their separate ways"

There are so many great people to meet, stories to hear and things to see, I do not want you to miss out!

I am so excited to spend time with you, and it is going to be a joyful moment when you join the eNkanyini family!

Love Michael



Vice-Primaria: Adedolapo

To you cool future NK,

First off all, massive congratulations on getting accepted into the Matie family and welcome to eNkanyini (the literal best residence on campus). It is definitely a feat you should be proud of and patting yourself on the back for.

My name is Adedolapo Adesemowo. It's a bit of a tongue twister, I know so you can call me Dolapo. I am so excited to meet each and every one of you and I trust you are just as excited to begin your new journey as university student. Not just a university student but a proud Matie and Tygermatie. I am the Vice Primaria and responsible for the Accountability and Safety and Security portfolios so you will definitely be seeing me quite a bit through the year

especially during welcoming. I also absolutely love baking, uh baking and uhm baking. Maybe you'll get the special honour of tasting my famous brownies.

I know when I got this welcoming booklet three years ago, I was just over the moon to finally be getting my independence from my parents that I was hoping and dreaming for but with that came a lot of anxiety of the unknown because I did not know what it would feel like moving so far away from home to a new place. I just want to remind you that feeling that way is perfectly fine and understandable.



Vice-Prim
Accountability
Safety & Security

Vice-Primaria: Adedolapo

However, I want you to be rest assured that me, the rest of the HC and the mentors will be there to support you every step of the way the same way my HC and mentor welcomed me into this family. It is very likely that you will be exposed to many things that you are not used to but remember to embrace them and explore them while staying true to yourself and your values.

You will soon find that balancing your degree and social life will not be the easiest thing to do but trust that you will find your rhythm and everything **WILL BE OKAY**, I promise.



Use your last holiday before becoming a university holiday to rejuvenate yourself and prepare your mind for the best time of your life.

With much love and excitement
Dolapo

P.S. we are the only residence on campus that gives first years single rooms so you're already part of the cool gang

HC: Bianca



Finance
ResID

Oh hi there, future NK's!

I must start off by saying what a privilege and blessing it is to be able to meet you guys and get to know each beaming (and somewhat nervous) face. I cannot begin to explain what an exciting, chaotic, memorable, hysterical and most importantly FUN journey lies ahead of you.

Firstly, I want to say **BIG CONGRATULATIONS** to all of you for being accepted into the Faculty of Medicine and Health Sciences!

It was definitely not an easy feat, but you absolutely crushed it, and you certainly deserve your place here in the absolute best sanctuary/ home-away-from-home on Campus, called eNkanyini.

I know a lot of you might feel super excited, relieved, a bit overwhelmed or even stressed about starting the next chapter of your life as a student (we are not using the word 'Adult' just yet) and a member of Res. A lot of chaos and uncertainty comes with the role, but I am here to tell you that in the midst of all that, so many wonderful memories and lifelong friendships will form, even if you don't expect it right away.

I truly had the most remarkable first-year experience, even though I was late to the whole 'Welcoming' party.

HC: Bianca

I had traveled all the way from Nelspruit, Mpumalanga, with basically my whole house packed and quite a nervous pit in my stomach. I learned that it is not how you start the race, but how you finish it.

I can say with certainty that you will finish the race with a lot more people than you started it with, ice creams probably in both hands (The Creamery, Kirsten's or OG McD's – your pick :)), so many beach days, hikes, late-night study dates, inside jokes, and an **EXTRAORDINARY** amount of laughter.

Welcome to the next chapter of your life! Luckily you will not face it alone. We are walking our university journey together, and I am ecstatic to have another travel companion with me!

**Lots of love,
Bianca x**



HC: Ipfi

Yo fam!

Just take a moment. Breathe it in. You are about to begin the wildest, most beautiful season of your life. **TYGERBERG. CAPE TOWN. NEW BEGINNINGS. YOUR STORY.** Your dream is literally loading...

The day you step on campus, I want you to feel that heartbeat: the excitement, the chaos, the freedom, the “I’m actually here!” moment. First semester is your time to taste life. Go explore Cape Town like it is your playground. Go wander around Stellenbosch like you own the streets. Try that late night food spot. Laugh too loud. Take the long way home.

Imagine this: you are in class, it is hot, you are sweating like a kettle, you cannot focus. Then your unhinged, impulsive friend from that diverse group of friends you have always dreamed of goes, “Guys... why are we suffering like this when Clifton Beach is literally right there?” Everyone goes quiet for two seconds, then that one brave friend with a car says, “Say less, I’m down.”



Secretary
Storage & Maintenance
Social & Adventure

In that moment, you look at your notes, look at your shirt drenched in sweat, look at the sun outside, and suddenly it’s so clear: Lectures can wait. Life cannot. Just like that, Side Quest Unlocked: Beach Day. That’s not rebellion. That’s living. Go to Signal Hill at 5 am and watch the sunrise. Feel alive. Then sprint back to campus for that 8 am lecture, hearts racing, still smiling. Those memories will heal you one day when studying feels like war.

HC: Ipfi

Because yes. There will be days that break you. Nights when the books feel heavier than your dreams. Moments when you stare at your notes and think, "Am I really meant for this?" That whisper in your head saying: "You don't even belong here."

Here is the truth: **YOU DO.**

They saw your fire. They saw your potential. They said, "This one right here... deal sealed." You were chosen. You are here because the world needs what you are becoming.

You came to be a hero. A healer. A civil servant. Someone who will look pain in the eyes and say, "Not today."



Whether you want to cure cancer, relieve suffering, or simply because human anatomy stole your heart, your WHY brought you here.

So live. Laugh. Push yourself. Participate. Make friends who become siblings. Be bold. Be awkward. Be uncomfortable. Growth will meet you there every time.

Do not get lost in the bright city lights. Do not let the noise throw you off. Keep your vision sharp. Stay locked in. Future patients are literally waiting for you.

Cape Town is calling your name.
Tygerberg is ready for your arrival.
The journey is about to begin.

Come through and make history.

From a fellow dreamer who knows exactly how it feels.

HC: Millah



Welcoming Allocations Culture

My dearest future NK's

Hi, I am Millah Smith, your welcoming, culture and allocations HC.

As I write this letter, I am bubbling over with excitement to meet each and everyone of you. More importantly I am so excited for you to start writing your own story under the banners of eNkanyini.

Big dynamite comes in small packages and that is exactly what NK embodies. repeat a few times. We pack a punch

and leave our mark even though we do walk quite a distance to do so.

As you heard in my very cheesy poem, which is one of the few things I actually did not use Chat GPT for so please be proud, I found my family right here. My sources of endless laughing sessions till I can't breathe, my advisors, my biggest cheerleader and most prized possessions, my brothers and sisters. And I know that each of you will be just as grateful as I was in the end to be in the res with the funny name that people will most likely ask you to repeat a few times.

The people who know me, know that my name is synonymous with "coffee or tea". So please feel free to knock on my door at anytime and I will be ready with a steaming cup, cookie and whatever else you need.

HC: Millah

University might seem a little daunting at this stage. Feathers are being freshly shaken out ready to fly out of the nest but there is nothing like this time in your life. It will be filled with you living out a dream you worked so hard for, side quests to all the corners of the Mother City or our Stellies sideparts, tons of Synergy coffees and sometimes a little studying on the side. You have come this far, be proud and get pumped - you earned it.

I hope my excitement can ooze through this page and ease any nerves you have because the rest of your lives will truly be the best of your lives!

Lots of love
Millah x



HC: Mpho

Welcome to the Faculty of Medicine and Health Sciences – a place where purpose meets passion, and dreams take on their true form. You are here for a reason. You are not here by accident, nor by coincidence. You have been chosen to walk a path that touches lives, restores hope, and carries healing into the world.

Every moment you spend here will shape not just your knowledge, but your character. You'll learn what it means to care deeply, to listen, to see people not just as patients, but as stories waiting to be understood. You'll discover the power of kindness, the strength of teamwork, and the quiet beauty of serving with humility.



Cluster
Critical Engagement
Juniors

The white shroud, the symbol of our calling, is more than a uniform. It represents purity of intention, compassion in action, and the grace to bring comfort where there is pain. When you wear it, remember that it carries both privilege and purpose. It is a reminder that healing is not just about medicine – it is about humanity.

Here, you will find inspiration in the small moments, in laughter shared after a long day, in learning something that once felt impossible, and in realizing that your hands can make a difference.

HC: Mpho

This faculty is not just a place of study; it is a family of future healers, thinkers, and leaders.

As you begin your journey, hold on to faith, curiosity, and gratitude. Allow every experience to shape you into the person you are meant to become.

“You are here not merely to make a living, but to make life – richer, kinder, and more meaningful.”

- **Mpho**



HC: Nina



Welcoming (Co)
Social Impact &
Sustainability
Connect

Hallo Hallo!

Nina van Wyk here!

I'm currently studying Occupational Therapy and will be heading into my third year in 2026.

Coming to university is quite a adjustment, and so I would love to get you hyped about the little things that actually aren't all that little.

The people.

The place.

The community.

It's the shy waves that slowly turn into cheerful "Morning!" or "How are ya?" greetings.

It's the way NK residents walk past, catch a glimpse of you sitting alone in the kitchen, and turn around just to greet you properly.

I'm reminded of *Simon Sinek's* reflection on *Martin Luther King Jr.'s* famous speech - it was "I have a dream," not "I have a complete plan." So as you enter this new chapter, don't stress about having everything figured out. Live fully. Go for that coffee. Call home. Paint just because you can. Drive to Blouberg Beach at 5am just to see the sunrise.

HC: Nina

But above all – dream.

Write down your hopes, fears, and the deepest desires of your heart. Treasure the moral compass your family has instilled in you. Be insanely proud of how far you've come. And remember your "WHY" – why you applied for your health sciences degree, why it matters, and why you belong here.

There will be moments where opportunities cross your path. Be ready to say, "I'm keen!"

Life moves fast, and we often convince ourselves there's no time – but there is. Time for a slow morning coffee, for old friends and new ones, for saying yes, for choosing connection over rushing. Time for sunset dinners on the NK field, The Creamery ice-cream expeditions, and even the iconic icy winter fire drills that somehow always end in laughter and community.

...Insert newcomer name... I have full faith in you. eNkanyini believes in you.

YOU GOT THIS!

We can't wait to see you thrive in every space that matters to you – and to cheer you on the whole way.

Can't wait to meet ya.

See you soon!!

**Tonne liefde, much love,
Nina van Wyk**



HC: Viljee

Dear NK newcomers

You have the adventure of a lifetime waiting at your doorstep, and we can't wait to welcome you into it!

C. Joybell says, "This is not the beginning of a new chapter in my life; this is the beginning of a new book! That first book is already closed, ended, and tossed into the seas; this new book is newly opened, has just begun!"

I hope you are ready for a story that is incomparable to the ones you have lived, up to this point. This new book will leave you in breathless wonder of life and its beauties.



Head mentor
Sports
Wellness & Academics

It will challenge your thinking, your views and encourage your growth. It will open your eyes to family, community and lifelong friends. This story will burst with vibrancy, joy and adventure, yet it will soothe you with its peace.

This story won't leave you the same. It will shape you in a way that you could not have dreamed of yet always hoped for. It will lead you to root deep in people, values and your own uniqueness.

HC: Viljee

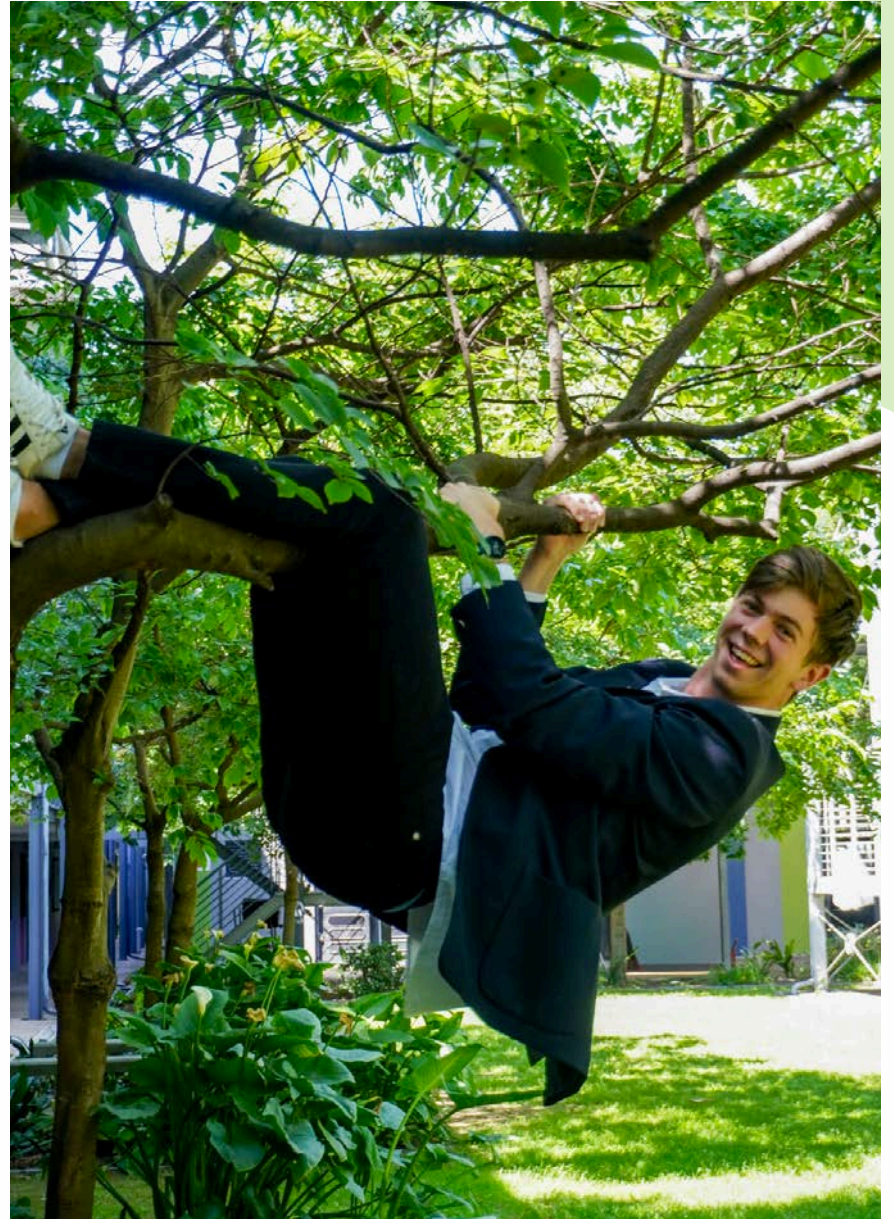
At NK, the golden threads of family, diversity, growth and integrity bring flavour to everything we do. And I hope you see that your story and your dreams will be woven and welcomed into the culture of the house.

This new book is your story at NK, and the first chapter will be too gripping to stop reading! Consider this as a teaser of the great journey that lies before you.

The best part is this: You cannot prepare for a new beginning, you can simply anticipate that you will be swept up into the adventure, just as you are!

Welcome to NK, a place you can call home.
A place where we can stand as one.

Viljee



Mentors



Mentor: Esther



First and foremost, congratulations!

You've made it into one of the best Medicine and Health Sciences University in South Africa, and, dare I say, the best residence on Tygerberg campus; two wins in one go!

That's an incredible achievement and you should be proud of yourself.

I'm Esther and I'm super duper excited to meet every single one of you this year! I know the transition from high

school to university can be overwhelming, especially for some of you who are moving far away from home.

However, I guarantee you'll find your rhythm and settle in very soon. I'm here to help and guide you as you start this amazing journey to becoming future healthcare professionals.

My goal is to help you feel that NK truly is a home away from home, a space where you feel comfortable, supported and surrounded by great people. I am here to help where I can, so if you ever need me, feel free to reach out!

Mentor: Esther

Welcoming week can get busy and a little bit crazy at times, but honestly, I wouldn't trade it for anything. It's a special time filled with laughter, inside jokes, "trauma bonding" (in the best way), and making life-long memories. I've had the privilege of going through Welcoming twice and those moments still replay in my mind; they are memories I'll always cherish.

As they say, though, 'the third time's the charm'! Not that my previous Welcoming experiences weren't amazing (they totally were), but I know this one (with you guys) is going to be super extra amazing!

So get ready for it! Pack your hat, fill your water bottle and stock up on sunscreen, because trust me, you're going to need them. Most importantly, come with an open mind and a big smile, it's going to be an unforgettable experience!

**With love,
Esther**



Mentor: Lené

Started from the bottom, and now you're here (and... at the bottom again — sorry!)

Anyway, hi! My name is Lené Dyson, and I'm one of your mentors for 2026. First of all, a massive congratulations on getting into the Faculty of Medicine and Health Sciences — that's no small feat, and you should be really proud of yourself.

So, varsity life. "The best time of your life," as your parents might have said. During Welcoming, you'll feel that energy — the excitement of meeting new people, experiencing freedom, and stepping into the adult world. It's thrilling, but let's be real: it can also be a little overwhelming, confusing, and sometimes even lonely.



Don't worry, though — that's where I come in. Whether you need a hug, a coffee break, a rant session, or someone to help you figure out how to use the laundry machines (trust me, we've all been there), I'll be right beside you.

eNkanyini is more than just a residence; it's a place to become. You'll grow, laugh, maybe even cry a little, and somewhere along the way, you'll realize you've built a home here.

Mentor: Lené

You'll meet people from all walks of life, each with their own story, and I hope that, just like I have, you'll find your second family here too.

So, take a deep breath, step into this new chapter, and trust that you belong. We're ready to welcome you with open arms, warm smiles, and a whole lot of excitement for the journey ahead.

See you soon, future NK – your story is just beginning, and I can't wait to be a small part of it

**With love,
Lené**



Mentor: Peace



**Hey everyone,
I'm Peace, one of your future NK
mentors.**

I honestly have no idea what to say in this letter, so I'll start off with the formalities: commending you on getting into a health sciences degree (at SU of all places *gasp*). You did it!

By this point your parents likely haven't been able to resist adding 'my kid is going to be a doctor/nurse/dietician/occupational therapist/physiotherapist/speech

therapist' at the end of every 'Happy New Year' interaction. The excitement is palpable, you've probably considered framing your NSC certificate once or twice, reposted all the 'what you need to buy for uni' TikToks on your fyp and gotten jump scares from the flight prices. This is definitely not me exposing myself...

Anyway, the easiest part – though I'm sure it hasn't been a linear journey for all of you – is over. Like most milestone points in life, though, your best and some of your worst days are ahead of you. However, that's not something you have to be afraid of.

For some of you, your environment is about to change dramatically and, by default, you will have to adapt with it. The learning never stops and I can still attest to that personally.

Mentor: Peace

I'm honoured to walk this path alongside you and I encourage you to make the most of every moment. From the awkwardness of O-Week encounters (a whole lot of "where are you from?", "what are you studying?", "what res are you in?"), to the first week of school being starkly different than the third, to the seemingly endless personal development plans you'll write (the term 'PDP' may trigger a lot of you by the end of first semester, so standby).

You're in for one of those rides that start off abruptly, slow down for a period and then basically send you off at a 90° angle. Through it all, I hope NK and the people you connect with become sources of support and love, as well as places of safety and rest.

Peace out



Mentor: Stéph

One year ago, an 18 year old kid, fresh outta high school, walked into the NK quad for the first time. He was nervous. Well, to be honest, he was pretty scared.

He wasn't sure if he'd make friends or settle into this new place... He didn't know if he'd be able to cook edible food or remember to hang out his laundry.

Today, as I sit on the balcony of my pod writing this letter, I have to smile. Because this very quad that posed so many questions back then, is now my home away from home. As I look around, I don't just see the friendly faces that welcomed me on that first day. I also see baking-buddies, karaoke-companions, sport-sidekicks and many more alliterations that I won't bore you with. In short, I see best friends, life-gurus, and most importantly, a

community that truly feels like family.

So, if you can relate to the first paragraph, please drop your worries and replace them with excitement. Open your mind, soften your heart and get ready to step into the best chapter of your life. The mentors, HC and everybody in the NK family are ready to welcome you and make your transition into Uni life a smooth one.

Enjoy the rest of your holidays, bask in your achievement... and go get some plants for your room.

I CAN'T WAIT to meet you all.

Regards, Stéph



Mentor: Tawona

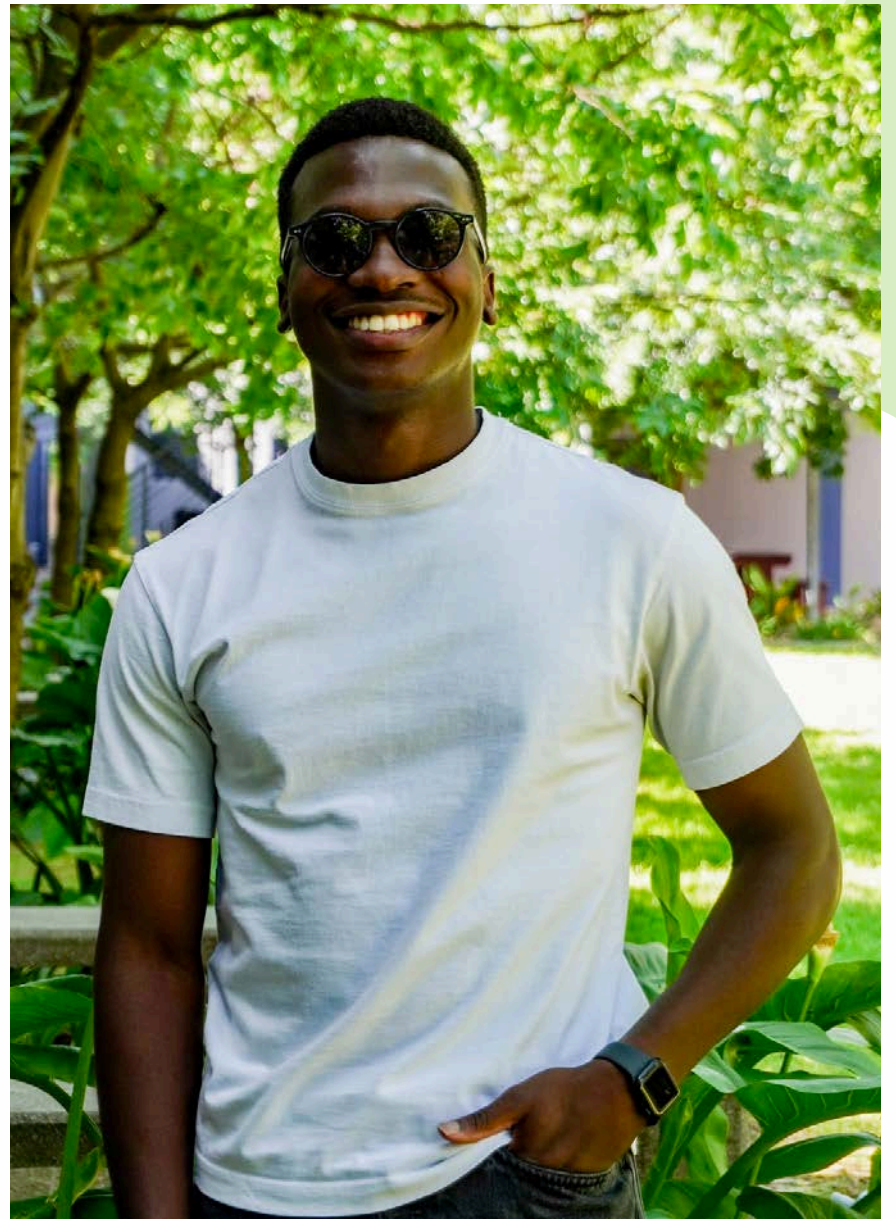
Look lively future NKs, I'm Tawona one of your Mentors.

I apologize in advance for the terrible handwriting, I'm currently running a half marathon, anyway

Congratulations on all the hard work you put in to make it here, it was definitely no easy feat (speaking of which my feet hurt) but you did it and welcome to the eNkanyini community.

I would firstly like to commend you on being part of the elite first years with single rooms (you'll get to brag about it all year to the rest of your peers). You've officially joined the coolest res on Tygerberg Campus (and that's a totally unbiased fact)

I know this is probably the most exciting yet daunting time of your life, freedom is within reach but at the cost of your family and friends back home. Well I'm here to assure you that you are about to enter one of the best periods of your life and you're not alone. There's a lot to look forward to like seeing your friends again, making new friends, discovering who you are and most importantly, all the insane adventures with your mentor. These are all but a few of the amazing things that await your arrival.



Mentor: Tawona



I'm glad to say you're in safe hands, I'll be there to ensure you have the best transition into your new life whether it be showing you how to do your laundry, someone to watch the Chelsea game with or even someone to try your first marathon with.

As your mentor, I will help you find your rhythm and make sure you know you're exactly where you need to be.

So come ready to grow, to explore, and to make the kind of memories you'll talk about for years. I can't wait to

meet you, hear your story, walk alongside you through this journey and start this adventure together!

Welcome home.

- Tawona Mugore

P.S. bring a fan



eNkanyini Survival Guide

Res Facilities

The Pod System

Our residence consists of 26 pods. These pods are like little families of eNkanyini.

Each pod has 8 single rooms, communal area (kitchen), two shower rooms and two rest rooms. The pods are identical and the only difference is the location.

The residents take part in room allocations (kamerskiet) during the preceding year and 'skiet' for a pod that they want to stay in during the year that follows. We are also the only residence on campus that provides junior students with single rooms

Kitchen

There is a kitchen available in each “pod” to provide the students with the space to store and prepare food.

Every kitchen is equipped with x2 medium sized fridges, a microwave, hydro-boil (the single greatest invention ever), 4-plate stove, medium sized oven, a double sink and plenty of cupboard and drawer space for storage.

Feel free to bring toasters, frying pans, air fryers etc. You can bring your own fridge, but there is enough space with the x2 fridges (already in the pod) to accommodate everyone.

Single Rooms

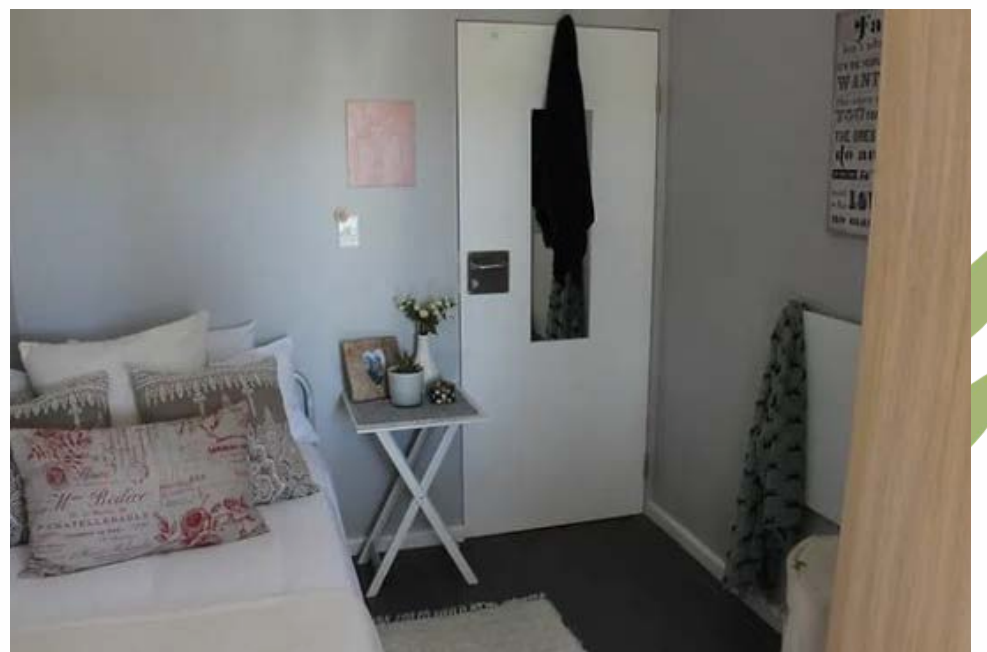
Each room is equipped with:

- Cupboard space
- Desk and chair
- Bookshelf
- Bedframe and mattress
- Curtains (students are allowed to bring their own curtains if they wish)
- Mirror (on the back of the door)
- Rubbish bin
- Single network point and multiple plug points
- Panel heater/fan heater

Students are reminded to bring their own padlocks for their doors

- The beds are high which provides extra packing space underneath. The cupboards are spacious with good hanging and packing space
- A small heater can be assigned and collected from maintenance (which you will be very grateful for in winter)
- A Small bed-side table might be a very good idea for you to bring along
- Summers do get very hot, so a fan is also recommended
- The walls are made from drywall, so unfortunately it won't be possible to hang any heavy murals on your walls

The images below indicate one of the "typical rooms" in eNkanyini which gives an indication of the general layout of the rooms in the residence.



Bathrooms

There is a restroom and shower on each side of the pod.

It is recommended to bring along a shower mat to place in front of the shower doors, as well as a shower curtain.

Laundry Room

There is a Laundry Room available with washing machines and tumble dryers.

Students can use the machines by loading “washing quota” onto their student accounts and then swiping their cards in the laundry room (*will be discussed later on*).

To reduce our carbon footprint, we encourage our residents to make use of the washing lines that are available.

A couple of things to bring with:

- Washing Powder
- Fabric Softener (if needed)
- Pegs
- Iron & Ironing Board/Steamer

Cleaning Services

A private cleaning company, *Masana*, has been hired by the University to clean the residence.

This includes taking out the dustbins, cleaning the kitchen floors and countertops, as well as cleaning the bathrooms and bedrooms (usually once or twice a week). This service does not include making beds and washing students' dishes.

These Mamas are part of the NK Family and are held in very high regard for their beautiful smiles and wise advice when needed.





Parking

There are parking spaces allocated for our students. The security guards on duty do regular patrols around the building and parking areas.

Students who own cars need to register their vehicles with the university at the beginning of the academic year, which entails a fee. Students can register on MySUN (www.midtier.sun.ac.za). A parking space on the premises is then allocated based on a system of credits.

Security

We are fortunate to have 24-hour security supplied by a private security company. The security personnel are renowned for their outstanding work in guarding the premises and ensuring the safety of the residents and their vehicles.

Storage Facilities

There is limited space available for students to store their belongings during student holidays.

Room Points

Room points/Kamerpunte/KP - refer to the system used for which rooms and parking spaces are allocated from second year onwards during "Kamerskiet" (process where a pod is chosen to stay in the following year - *will be explained later on*).

Residents are awarded points based on participation in residence-related activities, serving on committees, academic achievement, and seniority.

Therefore we highly encourage not only academic discipline but immersing oneself into our community at NK and Tygerberg campus.

ULA - Our Mascot

The story of ULA is one that the Residence still doesn't really understand...

A Gigantic plush bear which arose from the arms of a newcomer creating raucous across campus, leading to ULA coherently becoming the Residence Mascot...

The campus knows eNkanyini is near when they see ULA the Bear.

On that note - GEES ("spirit") is what we refer to when we encourage our residents to get hyped for Welcoming! So future NK residents: "Bring jou GEES saam" (get excited, its going to be epic!)



HC Viljee & ULA

The HUB

This is our a central, multi-purpose rec-hall equipped with tables and chairs for studying and hosting meetings, as well as a lounge chill-corner.

It also houses our piano (a place where self-expression is celebrated) and serves as our main social area in res.

Our Molassesêr and Sêr team will be seen practicing throughout the year and many exciting Social Week events will be held in our very own Hub, so stay tuned!

Sports Field

The campus rugby, soccer and volleyball fields are situated right next to the res building, providing the students with a safe and convenient environment to get some physical exercise, as well as a friendly game or two of "touchies" or action frisbee. Also, almost forgetting to mention the fact that brand new multipurpose hard courts have been built right outside eNkanyini during the year of 2021.



Braai Area

The braai/social area is situated next to the Hub.

There is also an area right next to the sports field (better known as "the Pit" on campus).



Contact Details & Postal Address

Pudo (Courier Guy) lockers are situated at the TSS, making packages from home easily accessible. Most delivering companies know about the residences on Tygerberg Campus, therefore any delivery wouldn't be too difficult to manage.

Physical Address:
eNkanyini Residence
1 Francie Van Zijl Drive
Klipkop
Cape Town
7501

Instagram: enkanyini_residence
TikTok: enkanyini_residence

Website
Sharepoint (outlook)

Campus Happenings

Tygerberg Sport

Netball, hockey, soccer, table tennis, rugby... Name the sport and a Medics team will represent!

eNkanyini does not compete as a residence in the Stellenbosch league but rather Tygerberg, as a whole, competes as '**Medics**.' We are proud to say that the Medics teams excel on all levels. Don't miss out on being part of the Medics winning teams!



Culture



Culture week: A week of cultural activities that promises plenty of entertainment and fun.

At Culture evening, you get to show off your talent and be astonished by the talents you and your friends did not know you had.

Molassesêr and **Sêr** are some personal favourites which entail competing against other residences while singing,

acting, and dancing (**which by the way both of which NK won this year**)!

This is only a brief snippet - Tygerberg has so much more coming up.



Study Spaces

The university is especially generous with the amount of space they have created for us students to study.

Spaces include:

- Lecture Halls (which the university kindly leaves open for students to use during any time of day)
- The Study Centre
- The Library ('Bib')
- Computer User Areas (GERGA)
- Residences on campus have their own areas of designated study spaces such as "**The Hub**" at **eNkanyini**

Additional Services

- Tygerberg Student Centre (TSS)
- OK Urban
- ABSA Auto bank
- SUSPI Gymnasium
- Campus Health Services
- Sport hall
- Study Centre
- Computer user area (GERGA)
- Tygerberg Campus Library
- Swimming pool
- *Sport facilities:* tennis, rugby, netball, squash, volleyball, hockey, soccer, basketball, Zumba, spinning, ECO-route run, rock climbing.

Tygerberg Residences

*eNkanyini, along with the following residences below form the **TygerMaties cluster**.*

Huis Francie van Zijl Residence

- Location: At the entrance of Tygerberg Campus
- Mascot: A bunny rabbit

Hippokrates Residence

- Location: Opposite the TSS
- Mascot: A hippo

Meerhoff Residence

- Location: Our neighbours!
- Mascot: A guineafowl

Ossler CSC (Commuter Student Community)

Senior Residences include **Nkosi Johnson/ NKJ (right next to us)** & **Ubuntu residence**

Cluster - TygerMaties

Welcome to the TygerMaties Cluster!!!

Cluster you may ask? It is not just a gathering of two or more communities all because they are in close proximity to each other. It is the intentional coming together of the various communities on this campus to reach a common goal of unity and family. There is a deeper rooted connection that we get to establish as one cluster.

Here on Tygerberg campus, all the communities (whether that be residences or those who live off campus), come together to form our wonderful cluster, TygerMaties. As a cluster, we value Vibrance, Community and Resilience. Whether this is through campus wide events, initiatives or just making sure all the communities feel included and like they belong here, we are here for everyone.

Cluster is not always about us cluster convenors merely planning events and inviting you to attend said initiatives, but rather facilitating collaboration and partnership between the different communities and bring ideas to life! On Tygerberg campus, we are not separate entities working in silos but rather different parts of a machine working together to produce a common goal. Through cluster, we strive to bring GEES, growth and family ties between our communities and we can't wait for you to be a part of this!

So keep your eyes peeled for our cluster events, because you will definitely not want to miss them. Each of you will form and make up an essential part of our cluster, so stay excited and join us by meeting other student leaders here on Tygerberg campus!

**Regards,
Sharon and Daniel**



DO NOT SKIP

Arrival

The Official First Day:

Tuesday, 27 January 2026

You are allowed to move into res on Tuesday the 27th at 10:00. There will be an NK at the res in front of the hub to help you and show you the way around. They will guide you to your pod and your room.

Parents Evening:

You and your parents are also cordially invited to pop in on the evening of the **27th for an informal dinner** from **17:30 - 19:00** where you can meet the Res Head, the Prim & Vice-Prim, the HC, and the Mentors.

You are encouraged to attend this dinner as it gives you the opportunity to interact with fellow newcomers as well as the leadership team before the formalities begin the following day.

The first official day of the Welcoming Programme for Newcomers and parents is on **Wednesday, the 28th of January 2026.**

If you wish to only move in later, there are a number of hotels and B&B's in the surrounding areas, including:

- Bell Rosen Guest House, Welgemoed
- Welgemoed Manor, Welgemoed
- Guesthouse De Tijger Lodge, Parow
- Maroela House Guest Accommodation, Bellville

Please note there are many Airbnb's in the area too (e.g. Brown House AirBnb)

What to bring

Documentation for registration

- **Online registration:** my.sun.ac.za
- 3 certified copies of your matric results
- **If 2022 matriculate:** 2019 NSC/IEB advice or results of end of year
- **If 2021 or earlier matriculate:** NSC
- **If from other education systems:** School certificates and university exemption certificate
- **If from university:** Academic transcript from your previous university and degree certificate, if applicable.
- 2 certified copies of ID/passport/birth certificate
- **International students:** 2 certified copies of passport, study permit and proof of medical insurance
- Clinical visitation form (ONLY physiotherapy and dietetics students)
- Medical reports (ONLY physiotherapy and dietetics students)
- Proof of e-registration (ONLY if you have e-registered)

Helpful Tips & Tricks

Here's a list of items that will make your life at res a little bit easier:

- Shower slops/"plakkies"
- Shower basket
- Bedding
- A pot/pan
- Cutlery and Crockery
- A mug or two (or more) for when you have tea or coffee with friends
- Tin opener
- Vegetable peeler
- Mosquito repellent (**This is vital to survive summer nights!**)
- Something "homey" for your room
- Something for your door e.g., a photo
- NK wear (NK Colours: Green, Black, White)
- Please also bring with a rubber duckie (*more on that later ...*)

Connect, Food & Finances

CONNECT, previously known as Vensters, is an initiative from the university which is aimed at integrating the student in the activities of the university before the start of their first academic term.

As part of CONNECT, you meet the communities that you will be a part of, as well as the other students on campus.

Success at university doesn't always mean just to complete your academic year, but also to grow as a person, and this is what CONNECT aims to do.

We are proud to announce **Academia Residence** as our **CONNECT Partner for 2026**. CONNECT is integrated into the Welcoming programme and lasts as long as the Welcoming programme, which **runs from the 27th of January until the 8th of February 2026**.

Please note that you have to stay in eNkanyini for the whole duration of the Welcoming Period.

The cost of CONNECT and Welcoming is **R500**. This money goes towards your apparel, clothing, and transport during the Welcoming programme.

Food will be provided to the newcomers during the first 10 days of orientation and this will be added to your student account.

Please make sure that this amount will be available by arrival as you will have to pay it in order to receive your Welcoming package.

If there is anyone who has a problem with bringing money with them when they arrive, please contact Michael Willmore, Millah Smith, Nina van Wyk or Adedolapo Adesemowo via email or mobile.

Schedule

	Tuesday	Wednesday	Thursday
	27/01/206	2026/01/28	2026/01/29
06:00:00	Wake up	Wake up	Wake up
06:30:00			
07:00:00		Breakfast w 2YC	Breakfast
07:30:00		House Song	Breakfast
08:00:00		War Cries	Practice talent show
08:30:00		War Cries	Practice Talent show
09:00:00	Set up	Deans Welcoming	Faculty programme visits
09:30:00	Set up	Deans Welcoming	Faculty programme visits
10:00:00	Move In	Deans Welcoming	Faculty programme visits
10:30:00	Move In	Dream walk TGB	Faculty programme visits
11:00:00	Move In	Degree Introduction	Faculty programme visits
11:30:00	Move In	Degree Introduction	Faculty programme visits
12:00:00	Move In	Lunch	Lunch & Welcoming fair x Meerhoff
12:30:00	Move In	Lunch	Lunch & Welcoming fair x Meerhoff
13:00:00	Move In	Leave for STB	Lunch x Meerhoff
13:30:00	Move In	Leave for STB	Lunch x Meerhoff
14:00:00	Move In	Social x Olympys	Theatre day
14:30:00	Move In	Social x Olympus	Theatre day
15:00:00	Move In	Social x Olympus	Theatre day
15:30:00	Move In	Move to Stadium	Theatre day
16:00:00	Move In	Move to Stadium	Cluster Interaction
16:30:00	Personal Time	Move to Stadium	Cluster Interaction
17:00:00	Personal Time	Rector's Welcoming	Dinner
17:30:00	Parent's Evening	Rector's Welcoming	Dinner
18:00:00	Parent's Evening	Rector's Welcoming	Pool party
18:30:00	Parent's Evening	Rector's Welcoming	Pool party
19:00:00	Pod Bonding	Dinner	Pool party
19:30:00	Pod Bonding	Dinner	Pool party
20:00:00	Pod Bonding	Dreamwalk	Personal Time
20:30:00	Banners & signs x Jun comm	Dreamwalk	Crit Eng x Hippo
21:00:00	Banners & signs x Jun comm	Dreamwalk	Crit Eng x Hippo
21:30:00	Banners & signs x Jun comm	Dreamwalk	Crit Eng x Hippo
22:00:00	Personal Time	Leave for TGB	Crit Eng x Hippo
22:30:00	Personal Time	Leave for TGB	Mentor session
23:00:00	Lights Out	Lights Out	Lights Out

Contact Details

Name	Phone Number	Email
Michael Willmore	066 425 1641	27127842@sun.ac.za
Adedolapo Adesemowo	061 431 7617	26928841@sun.ac.za
Bianca Knobel	081 744 5067	28894936@sun.ac.za
Ipfi Dzivhani	082 617 2493	26605465@sun.ac.za
Millah Smith	078 870 1279	29134951@sun.ac.za
Mpho Koe	081 266 8519	28228227@sun.ac.za
Nina van Wyk	073 268 3690	27878880@sun.ac.za
Viljee Smit	061 481 9044	29075270@sun.ac.za
Yeki Mosomothane (Residence Head)	063 769 8388	yekim@sun.ac.za

Eco-friendly living

How to reduce your carbon footprint
and join the Net Zero Carbon journey

Water

- Water restrictions still apply.
- Use only 80 L /person/day.
- Shower 3 -5 min.
- Use eco-friendly personal products.
- No rinsing or washing with running water.

Energy

- Use LED lamps only.
- Limit fridge use to one 150 L bar fridge per room.
- Airdry clothes when possible.
- Turn off lights & unplug devices when not in use.
- Use A++ energy efficient appliances (low wattage).

Transport



- Everything is within easy walking distance on campus.
- Walk or cycle instead of driving.
- Hire a Matie bike.
- Share rides or use shuttles.

Get involved

- Join your community Green/ Sustainability Com.
- Follow: @su.environmental.sust

Waste

- SU has a zero waste to landfill goal.
- Buy less items that must be thrown away.
- Bring reusable bags, cups, bottles and containers - no single use items.
- Compost food scraps & sort recyclables properly.
- No wet items in the recycling bin.



**We are so looking
forward to
meeting you!**